

EASY WAYS TO SPEND QUALITY TIME WITH YOUR KIDS AS A BUSY MOM

- Nature scavenger hunt
- Mall scavenger hunt
- Bike ride to the park
- Make something for your neighbors
- Pray together
- Create a new recipe
- Visit the library
- Go skating
- Visit the batting cages
- Get a mani/pedi
- Visit a children's museum
- Build a garden
- Tour a factory
- Take a sewing class together
- Fly a kite
- Explore a new part of town
- Visit a different park
- Feed the ducks

- Go for a walk
- Read together
- Make a craft
- Dance Party
- Hugging contest
- Sing songs
- Bake a treat
- Make Slime
- Paint together
- Color together
- Visit the theatre
- Teach them a new skill
- Go to the park
- Make a collage from old magazines
- Paint pottery
- Go to the movies
- Volunteer at the animal shelter
- Visit an assisted living home
- Go to the theme park
- Go out for ice-cream

- Take a train ride
- Visit a state park
- Make a living room fort
- Finger paint
- Zoo scavenger hunt
- Visit a farm
- Build a rocket
- Exercise together
- Go the bookstore
- Visit a local college campus
- Watch sports
- Kick a ball
- Spend the night in a local hotel
- Play board games
- Hula hoop
- Build something out of LEGOS
- Blow bubbles
- Write a story together then illustrate it